



What Kids Like To Do

Most infants like:

- to be held, rocked, tickled, sung to, or read books with colorful pictures.
- to hear you say what you are doing, like feeding, etc.
- short walks outside or inside the house. (Describe what they see, touch, smell, & hear or count objects while pointing them out.)
- to play peek-a-boo by hiding behind a towel or a mirror.
- music and fingerplays (pat-a-cake, etc.), or roll a ball.

For Toddlers add:

- dump, fill, move, put together, and take apart.
- run, jump, hide, climb (leaves, pillows, snow).
- play pretend (house, store, library, zoo, museum, bank).
- sing or dance, imitate you, sweep, etc.
- paint with water, play with cups/lids in water.
- tricycle, slide, swing, climb jungle gym, play ball.
- play Hide & Seek, Simon Says, & London Bridge.
- build with blocks or Legos.
- search for rocks, leaves, etc.

Most school-agers like:

- athletic or competitive games, races.
- trips to gardens, museums, libraries, etc.
- camping, fishing, biking, hiking, picnics, amusement & waterparks.
- board games: Monopoly, Scrabble, Candyland, checkers, chess.
- card games: Uno, Go Fish.
- computer games or educational videos.
- making favorite snacks (Rice Krispie Treats, PB&J, etc.)
- putting on a play with costumes and props.
- making crafts like jewelry, candles, and sand art.
- rulers, scales, magnets, thermometers, magnifying glasses, balls, binoculars.
- planting in a garden.

For teens add:

- shopping.
- eating out.
- going to movies.
- watching TV.
- computers.
- solitary games & privacy.

Indoor Ideas:

- Draw, Paint, Finger Paint
- Board Games
- Dress Up
- Nature Journal
- Legos
- Read Aloud, Reading Club
- Coloring
- Puzzles
- Card Games
- Tea Party
- Press Flowers
- Blocks
- Take Photos
- Play Instruments, Sing
- Read Newspaper, Discuss Current Events

Outdoor Ideas:

- Library, Museum, Zoo
- Theatre
- Park, Hike
- Bike
- Swim, Beach
- Sprinkler
- Water Garden, Weed Garden
- Catch Bugs, Find Worms
- Build Fort
- Kick Ball
- Sandbox
- Finger Paint
- Rake Leaves
- Leaf Paths
- Bubbles
- Wash Car
- Sidewalk Art

Messy/Noisy Ideas:

- Cardboard Sculptures
- Pompom Creatures
- Make Glue
- Make Slime
- Rubber Stamps
- Face Painting
- Play Dough
- Glitter/Glitter Pens
- Glue Pens
- Snip, Rip, Glue
- Collage
- Paper Maché
- Clay
- Make Music
- Sew
- Cook