



National Child Safety Council

Sitter™

My KidSitter Kit

Build a KidSitter Kit

Never take a toy or a book that is special to you, unless you are willing to risk it's destruction.

Avoid toys with small parts that could choke!

- ✓ Coloring Books & Crayons
- ✓ Play Dough
- ✓ Children's Books
- ✓ Stuffed Toys & Plastic Toys
- ✓ Age-appropriate Puzzles
- ✓ Bubbles, Sidewalk Chalk
- ✓ Dolls, Cars, & Trucks
- ✓ Paper Bags for Puppets
- ✓ Clothes in case of an accident
- ✓ Your own First Aid Kit
(With kid band-aids & antibiotic ointment.)

Kids Song List

Young children love to sing, especially songs they can sing over and over.

Any songs, including those using simple instruments, that you have learned at camp, church, from your friends, or at school are also a plus.

Use big hand motions and be funny. This will help the kids see that you are not just there to watch them, but also to be a friend. Be an entertainer. Have fun!

- | | |
|---|-------------------------------|
| I've Been Working On The Railroad | This Old Man |
| Wheels on The Bus | Yankee Doodle Dandy |
| My Bonnie Lies Over The Ocean | Itsy Bitsy Spider |
| Ring Around the Rosie | Down By The Station |
| Twinkle Twinkle Little Star | ABC Song |
| She'll Be Coming 'Round The Mountain | London Bridge |
| Here We Go Loopty Loo | Are You Sleeping |
| | Mary Had A Little Lamb |

- Games & Activities -

Games

- Simon Says
- Mother May I?
- I Spy
- Hide & Seek
- Follow The Leader
- Make Believe
- Capture the Flag
- Four Square
- Hopscotch
- Jump-rope
- Tag

Activities

- Play with Play Dough
- Have a Tea Party
- Sing Songs
- Paper Bag Puppets
- Scavenger Hunt (*indoor/outdoor*)
- Watercolor Painting
- Paper Maché
- Cat's Cradle
- Musical Chairs
- Telephone
- Freeze Dance



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About the Family

Last Name: _____

Parents' Names: _____

Address: _____

Phone: _____

Cell: _____ Cell: _____

E-mail address: _____

Number of children: _____

Name: _____ Age: _____

Weight: _____ Allergy/Meds: _____

Name: _____ Age: _____

Weight: _____ Allergy/Meds: _____

Name: _____ Age: _____

Weight: _____ Allergy/Meds: _____

House Rules or Instructions For:

TV: _____

Computer/Tablet: _____

Phones: _____

Movies: _____

Meals: _____

Snacks: _____

Friends Over: _____

Visiting Friend's House: _____

Field Trips: _____

Bedtimes: _____

Number of Pets: _____

Name/Type: _____

Name/Type: _____

_____ 's Favorites:

(Child's Name)

Food: _____

Toy: _____

Book: _____

Hobby: _____

Craft: _____

Sport: _____

Game: _____

Activity: _____

Music/Song/Artist: _____

Instrument: _____

Movie: _____

TV Show: _____

Video: _____

Video Game: _____

Phone App.: _____

_____ 's Favorites:

(Child's Name)

Food: _____

Toy: _____

Book: _____

Hobby: _____

Craft: _____

Sport: _____

Game: _____

Activity: _____

Music/Song/Artist: _____

Instrument: _____

Movie: _____

TV Show: _____

Video: _____

Video Game: _____

Phone App.: _____



What Kids Like To Do

Most infants like:

- to be held, rocked, tickled, sung to, or read books with colorful pictures.
- to hear you say what you are doing, like feeding, etc.
- short walks outside or inside the house. (Describe what they see, touch, smell, & hear or count objects while pointing them out.)
- to play peek-a-boo by hiding behind a towel or a mirror.
- music and fingerplays (pat-a-cake, etc.), or roll a ball.

For Toddlers add:

- dump, fill, move, put together, and take apart.
- run, jump, hide, climb (leaves, pillows, snow).
- play pretend (house, store, library, zoo, museum, bank).
- sing or dance, imitate you, sweep, etc.
- paint with water, play with cups/lids in water.
- tricycle, slide, swing, climb jungle gym, play ball.
- play Hide & Seek, Simon Says, & London Bridge.
- build with blocks or Legos.
- search for rocks, leaves, etc.

Most school-agers like:

- athletic or competitive games, races.
- trips to gardens, museums, libraries, etc.
- camping, fishing, biking, hiking, picnics, amusement & waterparks.
- board games: Monopoly, Scrabble, Candyland, checkers, chess.
- card games: Uno, Go Fish.
- computer games or educational videos.
- making favorite snacks (Rice Krispie Treats, PB&J, etc.)
- putting on a play with costumes and props.
- making crafts like jewelry, candles, and sand art.
- rulers, scales, magnets, thermometers, magnifying glasses, balls, binoculars.
- planting in a garden.

For teens add:

- shopping.
- eating out.
- going to movies.
- watching TV.
- computers.
- solitary games & privacy.

Indoor Ideas:

- Draw, Paint, Finger Paint
- Board Games
- Dress Up
- Nature Journal
- Legos
- Read Aloud, Reading Club
- Coloring
- Puzzles
- Card Games
- Tea Party
- Press Flowers
- Blocks
- Take Photos
- Play Instruments, Sing
- Read Newspaper, Discuss Current Events

Outdoor Ideas:

- Library, Museum, Zoo
- Theatre
- Park, Hike
- Bike
- Swim, Beach
- Sprinkler
- Water Garden, Weed Garden
- Catch Bugs, Find Worms
- Build Fort
- Kick Ball
- Sandbox
- Finger Paint
- Rake Leaves
- Leaf Paths
- Bubbles
- Wash Car
- Sidewalk Art

Messy/Noisy Ideas:

- Cardboard Sculptures
- Pompom Creatures
- Make Glue
- Make Slime
- Rubber Stamps
- Face Painting
- Play Dough
- Glitter/Glitter Pens
- Glue Pens
- Snip, Rip, Glue
- Collage
- Paper Maché
- Clay
- Make Music
- Sew
- Cook



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My Address Book

Name: _____

Address: _____

Phone: _____ Cell: _____

Notes: _____

Name: _____

Address: _____

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Phone: _____ Cell: _____

Notes: _____

Name: _____

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